

Administrative Guideline for Board Policy 8510 Wellness

Standards for Nutrition for foods outside of USDA Child Nutrition Programs sold or served in schools

All schools will provide and allow foods and beverages that support proper nutrition and promote healthy choices during the school day in vending machines, ala-carte sales, and concession stands, or as school fundraisers and classroom celebrations.

- A. All schools will follow the USDA Smart Snacks regulation for all foods sold from 12 midnight to one half hour after school dismissed on each school day.
- B. Staff vending machines will not be accessible to students.
- C. The concession items sold at school-sponsored events outside regulated hours to participants, fans and visitors shall include at least 50 percent healthy beverages and foods.
- D. Classroom Celebrations
 - 1. Classroom celebrations will focus on activities (e.g., giving free time, extra recess, music and reading time) rather than on food.
 - 2. All food for celebrations must be commercially prepared and include nutritional and ingredient information.
 - 2. Classroom celebrations that include food will be limited to three per year. Food items must meet the approved nutrition standards unless the food is part of an education/cultural activity.
 - 3. Birthday treats should be preferably non-food items such as pencils. If the treat involves food, the food must meet the approved nutritional standards and be commercially prepared as well as include nutritional and ingredient information
 - 4. Schools shall inform parents/guardians of the classroom celebration guidelines
- E. Teachers and staff will not use food as a reward or take food away as a punishment.
- F. Fundraising activities will support healthy eating and wellness. Schools will promote the sale of non-food items for school-sponsored fundraising when possible. Food or beverage fundraisers occurring during the school day must not occur during meal hours and must meet the USDA Smart Snack regulations.
- G. Marketing on school campus during the school day may include only USDA Smart Snack approved food and beverages.